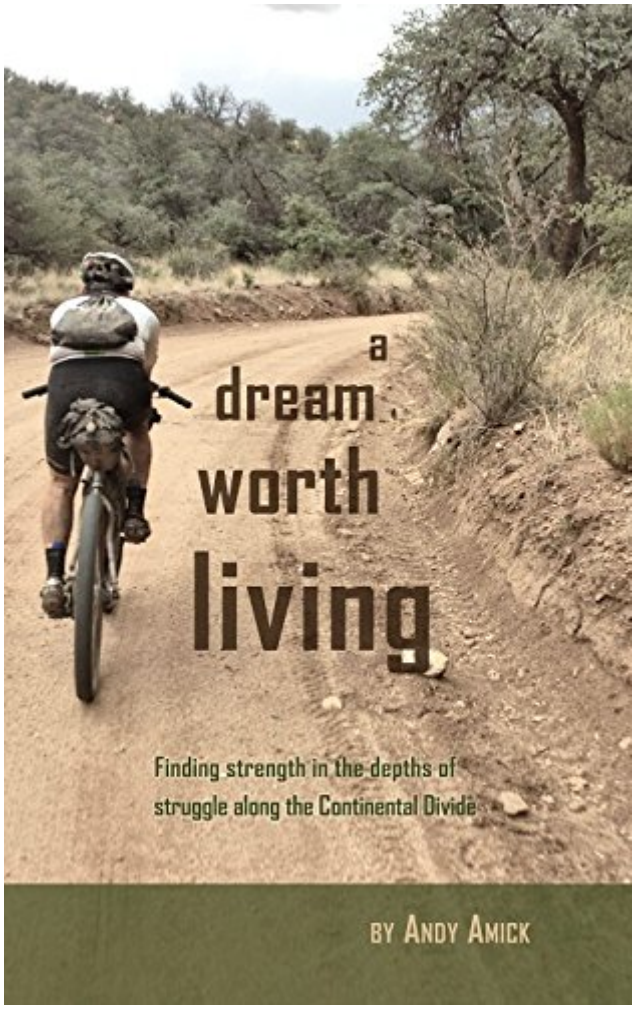
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A Dream Worth Living: Finding Strength In The Depths Of Struggle Along The Continental Divide



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Synopsis

Ã¢â ¬Å“This is why we ride the Tour Divide. In the span of a few hours, you can go from the brink of exhaustion in the worst possible conditions to an explosion of sunshine, amazing people, and breathtaking scenery.Ã¢â ¬Â•On Friday the 13th, under a full moon and falling rain, Andy Amick completed the first day of the 2014 Tour Divide race. Even with a year of training and preparation, the physical and mental challenges of the race pushed him further than he thought possible.During the 2700 mile race from Canada to Mexico, he climbed mountain after mountain, witnessed stunning sunsets, encountered the smiles and hospitality of countless people, crossed paths with a mountain lion, and rode through enough mud to last a lifetime.This is the story of one manÃ¢â ¬â„¢s dream to race the Tour Divide and his determination to reach the finish.

Book Information

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Customer Reviews

This story of one man’s participation in the Tour Divide has a lot in common with Cheryl Strayed’s book Wild, in that the book is partly a straightforward story about a mental and physical trial. But, for

both books, there is another layer of meaning in the choices that lead into and out of those trials. Just as each of these two authors got something different out of their challenges, I'm sure each reader will take away a different message for themselves.

This book was a thoroughly enjoyable read. I feel compelled to disclose that I played a small part in Andy's journey and consider him one of my closest friends. His book is very well written and edited (excellent work Kristi). Andy's wit and insight about life give his story a very relatable feel. You don't need to be a cyclist to share in his experiences and gain inspiration from his adventure. I found myself really liking they way he structured the book with chapters switching back and forth between his personal story/thoughts and the actual events of the race. It's an uplifting story that shows you can persevere through difficult situations and in then end, achieve your dream!

At times, it is a bit slow, but interesting anecdotes keep you plugging along. Realistic view of a grueling race

Great account of the Tour Divide. Thanks for sharing your experience. Great balance of describing the ride and your reflection. Highly recommended for anyone who is considering the ride.

Great adventure and great read. This is one of those rides that is definitely on my bucket list. Would recommend to anyone who loves bikes and the outdoors.

This is a very good read about "ordinary people overcoming struggles resulting in extraordinary adventures" that you can live vicariously, and sometimes painfully, through the author's Tour Divide ~2800 mile mountain bike race along and crisscrossing the Continental Divide from Banff, Alberta to Antelope Wells, New Mexico. Full disclosure - I made a very similar ride a year later but not as a racer but rather an adventure ride in twice the cumulative time as Andy Amick. The author records the literal and figurative highs and lows of pushing himself to physical and emotional limits and beyond, while enjoying sublime moments in the beauty of the Rocky Mountains and charm of the small towns he passes through. He also emphasizes with personal vignettes the kindness of the people he meets along the way that restore some semblance of a social life outside of his somewhat cloistered life with his fellow cyclists, competitors and newfound friends. A worthy read for anyone that enjoys cycling an/or pushing yourself to limits that you're not sure you can attain or survive. Strongly recommend.

This memoir chronicles Andy's 2014 Tour Divide Race - 2700 miles from Banff, Canada to Antelope Wells, New Mexico (at the US/Mexico border). Unsupported. On a bicycle. The chapters alternate between the actual ride and his life-long journey to get to that point. While the ride itself was lonely, the journey was full of experiences and people.If you enjoy adventure memoirs, cycling, or outdoor adventures, this book will be right up your alley.

Very enjoyable book about a great adventure. Andy is a good writer and made this an interesting and fun book. Not preachy, not arrogant and judgmental toward others. What I also liked was that he seemed like a good guy who would be a good riding buddy.

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